

Curriculum Vitae



Personal information

First name / Surname

PETRUȚA-PARASCHIVA / RUSU

Address

Universitatii 13, 720229, Suceava, Romania

Telephone

+40 740 077 245

E-mail

petruta.rusu@usm.ro

Work experience

Dates

2013 – present

Occupation or position held

Lecturer

Name and address of employer

”Ștefan cel Mare” University, Faculty of Educational Sciences, 13, Universitatii , Suceava

Main activities and responsibilities

Teaching (Introduction to psychology, Parental education and counselling, Research methodology) and research activities

Dates

2016 – present

Occupation or position held

Lecturer

Name and address of employer

International Management Institute, Luzern, Seeacherweg Kastanienbaum, 6047 Switzerland

Main activities and responsibilities

Teaching Research Methods at BA and MBA programs, validated by Manchester Metropolitan University (MMU), UK.

Dates

2014 – 2016

Occupation or position held

Research Associate

Name and address of employer

University of Zurich, Department of Clinical Psychology: Children/Adolescents & Couples/Families

Main activities and responsibilities

Research activities, Supervision for bachelor theses

Dates

2013 - 2014

Occupation or position held

Postdoc

Name and address of employer

University of Zurich, Department of Clinical Psychology: Children/Adolescents & Couples/Families

Main activities and responsibilities

Research activities in the project FS-CID: Family stress Contextual, Individual, and Dyadic factors

Dates

2008 - 2013

Occupation or position held

Assistant professor

Main activities and responsibilities

Teaching (Introduction to Psychology, Developmental Psychology, Class Management, Research Methodology) and research activities

Name and address of employer

”Ștefan cel Mare” University, Faculty of Education Sciences, 13, Universitatii , Suceava

Dates 2003- 2009
 Occupation or position held School psychologist
 Main activities and responsibilities Psychological Counselling of students, teachers and parents
 Name and address of employer "Ștefan cel Mare" College, Alecsandri Street, Suceava

Education and training

Dates 2009 – 2012
 Title of qualification awarded PhD in Psychology
 Principal subjects/occupational skills covered Thesis: *Religiosity and religious coping in couple and family relations. Therapeutic implications.*
 Name and type of organisation providing education and training "Al. I.Cuza" University, Faculty of Psychology and Educational Sciences

Dates 2004 - 2005
 Title of qualification awarded Postgraduate Course in Psychological Counseling
 Principal subjects/occupational skills covered Psychological Counseling
 Name and type of organisation providing education and training Babes-Bolyai University, Faculty of Psychology and Educational Sciences, Cluj-Napoca, Romania
 Level in national or international classification ISCED 5

Dates 2007 - 2009
 Title of qualification awarded Master degree
 Principal subjects/occupational skills covered Couple and Family Psychology and Psychotherapy
 Name and type of organisation providing education and training Al. I. Cuza" University, Faculty of Psychology and Educational Sciences, Iasi, Romania
 Level in national or international classification ISCED 5

Dates October 1999 - June 2003
 Title of qualification awarded Bachelor
 Principal subjects/occupational skills covered Psychology
 Name and type of organisation providing education and training Babes-Bolyai University, Faculty of Psychology and Educational Sciences, Cluj-Napoca, Romania
 Level in national or international classification ISCED 5

Language skills and competences

Mother tongue(s) Romanian
 Other language(s)

Self-assessment European level (*)	Understanding		Speaking		Writing
	Listening	Reading	Spoken interaction	Spoken production	
English	C1	C1	C1	C1	C1
German	B1	B1	B1	B1	B1
French	B1	B1	A2	A2	B1

(*) Common European Framework of Reference for Languages

Research interests

- Stress and coping in couples and families
- Individual and dyadic variables associated with relationship satisfaction and partners' well-being
- Emotions and emotion-regulation in couples
- Family religiosity
- Family financial strain

Teaching interests

- Introduction to psychology
- Parental education and counselling
- Research methodology

Publications

1. **Rusu, P. P.**, Hilpert, P., Falconier, M. & Bodenmann, G. (2017). Economic strain affects support in couple: the mediating role of positive emotions, *Stress and Health*, DOI:10.1002/smi.2794.
2. **Rusu, P. P.**, Hilpert, P., Turliuc, M.N, & Bodenmann, G. (2016). Dyadic coping in an Eastern European context: validity and measurement invariance of the Romanian version of the Dyadic Coping Inventory, *Measurement and Evaluation in Counselling and Development*, 49(4), 274-285.
3. **Rusu, P.P.** (2016). Dyadic coping in Romanian couples. In *Couples coping with stress: A cultural perspective*, edited by M. K. Falconier, A. K. Randall, & G. Bodenmann. New York: Routledge, ISBN 978-1-138-90665-5.
4. **Rusu, P.P.**, Hilpert, P., Beach, S., Turliuc, M.N & Bodenmann, G. (2015). Dyadic coping mediates the association of sanctification with marital Satisfaction and well-being. *Journal of Family Psychology*, 26(6), 843.
5. **Rusu, P.P.**, Turliuc, M.N. (2012). Utilizarea Modelului Actor-Partener de interdependență a datelor diadice (APIM) în analiza relației dintre stresul familial, satisfacția maritală și starea de bine a soților (Using Actor-Partner Interdependence Model in analysing the relationship between family stress, marital satisfaction and partner's well-being) in CNPSI volume (National Conference of Psychology volume), 2012, ISBN 978-606-19-0100-5.
6. **Rusu, P.P.**, Turliuc, M.N. (2011). Ethical issues of integrating spirituality and religion in couples and family therapy, *Revista Română de Bioetică*, Vol. 9, Nr. 1, 24-36, ISSN 1583 – 5170.
7. **Rusu, P.P.**, Turliuc, (2011). Religiosity and family functionality in Romanian-Orthodox religion, *Procedia - Social and Behavioral Sciences*, Volume 30, 542-546.

8. **Rusu, P.P.**, Karner-Huțuleac, A.N., (2011). Forgiveness, religiosity and family relations in Romanian-Orthodox religion, in *Forgiveness: An Interdisciplinary Dialogue*, Edited by Heather Levy and Tuğba Sevinç Yücel, ISBN: 978-1-84888-083-2, Interdisciplinary Press, Oxford.
9. **Rusu, P.P.**, Turliuc, M.N. (2011). Ways of approaching religiosity in psychological research, *The Journal of International Social Research*, vol. 4, issue 18.
10. Ignat, A.A., Clipa, O., **Rusu, P.P.** (2011). Teacher's training on emotional education. Needs assessment, *Journal of Educational Sciences & Psychology*, vol. LXIII, Nr. 2.

Conference papers

1. **Rusu, P.P.** (2016), *Stresul în cuplu: factori individuali, contextuali și diadici*, invitație la Conferința „Diaspora în Cercetarea Științifică și Învățământul Superior din România - Diaspora și prietenii săi”, Universitatea de Vest din Timișoara.
2. **Rusu, P.P.**, (2015), Religiosity, Marital Outcomes and Well-being in Romanian Spouses, *International Conference of Educational Science*, Suceava, Romania.
3. **Rusu, P. P.**, Hilpert, P., Falconier, M. & Bodenmann, G. (2015). Does economic strain influence spouses' resources to support their partners? Paper presented at the *International Convention of Psychological Science*, Amsterdam, The Netherlands.
4. **Rusu, P.P.**, (2014). Presentation of SCIEX postdoctoral project *Family stress-Contextual, Individual, and Dyadic factors* at the *International Conference Couples and Families Coping with Stress*, Ghent University, Belgium.
5. **Rusu, P.P.**, (2014). Presentation of SCIEX postdoctoral project *Family stress-Contextual, Individual, and Dyadic factors* at the Catholic University of Milan, *Family Studies and Research University Centre*.
6. **Rusu, P.P.**, Turliuc, M.N. (2013). Religiosity and sanctification of marriage as determinants of marital quality – a dyadic perspective. Paper presented at the International Association of the Psychology of Religion Conference, Lausanne, Switzerland.
7. **Rusu, P.P.**, Turliuc, M.N. (2013). The influence of individual and dyadic coping on spouses' well-being. Paper presented at the European Health Psychology Conference, Bordeaux, France; published in in EHPS 2013 Abstracts, *Psychology & Health*, 28:sup1, 1-335, DOI: 10.1080/08870446.2013.810851.
8. **Rusu, P.P.**, Turliuc, M.N. (2012). Using Actor-Partner Interdependence Model in analysing the relationship between family stress, marital satisfaction and partner's well-being. Paper presented at the National Conference of Psychology, 6-th edition, Brașov, Romania.

9. **Rusu, P.P.**, Turliuc, M.N. (2012). *Family stress, marital satisfaction and well-being: the moderating effects of dyadic coping and religiosity*. Paper presented at the 26th Conference of the European Health Psychology Society (EHPS), Prague, Czech Republic, published in in EHPS 2012 abstracts, *Psychology & Health*, 27: sup. 1, pp. 317-318, ISSN 0887-0446.
10. Turliuc, M.N., **Rusu, P.P.** (2012). The mediating role of marital quality in the stress–well-being relationship. Are there gender differences? Paper presented at the 26th Conference of the European Health Psychology Society (EHPS), Prague, Czech Republic, published in in EHPS 2012 abstracts, *Psychology & Health*, 27: sup. 1, pp. 131-132, ISSN 0887-0446.
11. Turliuc, M.N., **Rusu, P.P.** (2012). *Religiosity and well-being in Romanian Orthodox Families*. Paper presented at 10th ISORECEA conference "Religion and power relations in Central and Eastern Europe", Iași, Romania.
12. **Rusu, P.P.** (2012). *Development and validation of the Orthodox Family Religiosity Scale*, International Conference of Applied Social Sciences, Timișoara, Romania.
13. Turliuc, M.N., **Rusu, P.P.** (2011). *Women, work and family – from work family conflict to work family enhancement*. Paper presented at International Conference of Educational Sciences, Suceava, Romania.
14. **Rusu, P.P.**, Turliuc, M.N. (2011). Assessing *religiosity in Christian-Orthodox families: development of the Orthodox Family Religiosity Scale*. Paper presented at the Congress of the International Association for the Psychology of Religion, Aldo Moro University, Bari, Italy.
15. **Rusu, P.P.**, Turliuc, M.N. (2011). *Religiosity and family functionality in Romanian-Orthodox religion*. Paper presented at World Conference on Psychology, Counselling and Guidance, Antalya, Turkey.
16. **Rusu, P.P.**, Karner-Huțuleac, A. (2011). *Forgiveness, religiosity and family relations in Romanian -Orthodox religion*. Paper presented at 4th Global Conference Forgiveness – Probing the boundaries, Oxford, UK.
17. **Rusu, P.P.** (2010). *The role of self-efficacy and work-family conflict in dyadic adjustment*. Paper presented at the National Conference of Psychology, 5-th edition, Iași, Romania.
18. **Rusu, P.P.** (2010). *Spirituality and religion in psychotherapy*. Paper presented at the National Conference of Transpersonal Psychology, Bucharest, Romania.
19. **Rusu, P.P.** (2009). *Religiosity and marital satisfaction*. Paper presented at the International Conference of Applied Psychology: „Applied Psychology: Diversity and Consistency”, 3 th edition, Gura-Humorului, Romania.

Invited talk: Sanctification of marriage and relationship functioning, Université Catholique de Louvain, Louvain-la-Neuve, Belgium, 9th of June 2015

Reviewer: *Journal of Marriage and Family; Psychology of Religion and Spirituality; Religions; Procedia Social and Behavioral Sciences;*

Projects

✓ 2016 – to date - researcher in the European ERASMUS+ Project *Building Bridges: Promoting Social Inclusion and Wellbeing for Families of Children with Special Needs (Psi-Well)*;

✓ 2016 – to date - researcher in the European ERASMUS+ Project *Enhancing Resilience through Teacher Education (ENRETE)*;

✓ 2007 – 2008 - coordinator of the Project „Diversity Promoters”, Youth in Action project developed through ROTALENT ASSOCIATION, SUCEAVA, Romania;

✓ 19th of March – 1st of April 2007 - participation in the LEONARDO PROJECT, „Training of trainers program in the field of emotional education”, University of Barcelona, University of Lleida, Spain;

✓ 2004 – 2007 - participation in GRUNDTVIG 2 PROJECT – GRUNDTVIG ACTIVE PARENTS EDUCATION – GRAPE, in partnership with University of South Bohemia, Ceske Budejovice, Czech Republic and Regional Educational Centre, Arnhem, Netherland.

Participation in workshops

✓ 26th - 28th May 2013 - Processes Leading to Publications in Psychology, University of Zurich

✓ 16th of July 2013 - How to Write High Impact Papers and What to Do When Your Manuscript is Rejected, pre-workshop of the 27th Conference of the European Health Psychology Society, University Bordeaux Segalen

✓ 6th -8th of August 2013 - Study Design, Statistical Power, and Data Analysis, University of Zurich

✓ August-October 2013 - Writing Research Articles in Psychology, University of Zurich

✓ 11th -12th September 2013 - Using R for Statistics in Psychology, pre-workshop of the 13 biannual Congress of the Swiss Psychological Society, University of Basel

✓ 30th –31st October 2013 - Structural Equation Modeling with lavaan, Department of Psychology, University of Zurich

Professional affiliations: Association for Psychological Science (APS); Society for the Teaching of psychology (STP); European Health Psychology Society (EHPS); Society for the Scientific Study of Religion (SSSR); International Association for the Psychology of Religion (IARS)

Signature

