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PROFESSIONAL EXPERIENCE

starting September 2017

- Associate Professor, Psychology of Aging, Psychological Sciences Research Institute (IPSY), Université catholique de Louvain (UCL), Louvain-la-Neuve, Belgium

2014-2017 • Assistant Professor, Psychology of Aging, Université catholique de Louvain (UCL), Louvain-la-Neuve, Belgium

starting September 2014

- Visiting Scientist, Psychology Department, Brandeis University, Waltham, MA, USA

2010 - 2014 • Assistant Director and Project Manager - Lifespan Developmental Psychology Laboratory, Brandeis University, Waltham, MA

- Affiliate Member - Health Psychology Laboratory, Director: Dr. Nicolas Rohleder, Brandeis University, Waltham, MA

2008 - 2010 • Postdoctoral Fellow - Lifespan Developmental Psychology Lab
Brandeis University, Waltham, MA

- Advisor: Dr. Margie E. Lachman (Ph.D., Minnie & Harold L. Fierman Professor of Psychology and Director of Lifespan Developmental Psychology Laboratory)

EDUCATION

- 2003 - 2007 • Ph.D. in Psychology, Savoie University, Chambéry, France
Dissertation: *Memory Self-efficacy Decrease in Elderly People: Theoretical Review and Study of its Relations With Cognitive, Affective, and Socio-cognitive Factors*
Dissertation Advisor: Dr. Olivier Desrichard (Ph.D., Professor of Psychology)
Dissertation Committee: Dr. Daniel Alaphilippe (François Rabelais University), Dr. Nathalie Fournet (Savoie University), Dr. Delphine Martinot (Blaise Pascal University), Dr. Rasyid Bo Sanitioso (Paris V University), Dr. Dario Spini (Lausanne University)
- 2003 • Research Master's Degree in Experimental, Cognitive, and Social Psychology, Savoie University, France
- 2002 • Bachelor's Degree in Psychology, Savoie University, France
- 2001 • ERASMUS (European Region Action Scheme for the Mobility of University Students) Scholarship - Psychology Department, Savoie University, Chambéry, France
- 1998 - 2000 • Psychology student, Babes-Bolyai University, Cluj-Napoca, Romania

PUBLICATIONS

- Agrigoroaei, S., Robinson, S. A., Hughes, M. L., Rickenbach, E., & Lachman, M. E. (in press). Cognition at midlife. *Oxford Handbook of Integrative Health Science*: Oxford University Press
- Desmette, D., Henry, H., & Agrigoroaei, S. (in press). Ageing in Context: Ageism in Action *Handbook of Applied Social Psychology*: Sage Publications
- Drewelies, J., Agrigoroaei, S., Lachman, M.E., & Gerstorf, D. (in press) Age Variations in Cohort Differences in the United States: Older Adults Report Fewer Constraints Nowadays than those 18 years ago, but Mastery Beliefs are Diminished among Younger Adults. *Developmental Psychology*
- Desrichard, O., Vallet, F, Agrigoroaei, S., Fagot D., & Spini, D. (2018) Frailty in aging and its influence on perceived stress exposure and stress-related symptoms: evidence from the Swiss Vivre/Leben/ Vivere study, *European Journal of Ageing*, DOI 10.1007/s10433-017-0451-2

- Agrigoroaei, S., Attardo, A. L., & Lachman, M. E. (2016). Stress and subjective age: Those with greater financial stress look older. *Research on Aging, Advance online publication*. doi:10.1177/0164027516658502
- Philippot, P., & Agrigoroaei, S. (2016). Repetitive thinking, executive functioning, and depressive mood in the elderly. *Aging & Mental Health, Advance online publication*. doi:10.1080/13607863.2016.1211619
- Lyu, J., & Agrigoroaei, S. (2016). Childhood misfortune and adult health in a national study: The mediational role of the quality of social relations. *The International Journal of Aging and Human Development, Advance online publication*. doi:10.1177/0091415016669147
- Vallet, F., Agrigoroaei, S., Beaudoin, M., Fournet, N., Paignon, A., Roulin, J.-L., & Desrriard, O. (2015). Older adults' beliefs about forgetting and aging predict memory self-efficacy above and beyond actual memory performance and mental health. *European Review of Social Psychology, 28*, 57-79.
- Rickenbach Hahn, E., Agrigoroaei, S. & Lachman, M.E. (2015). Awareness of Memory Ability and Change: (In)Accuracy of Memory Self-Assessments in Relation to Performance, *Journal of Population Ageing, 8*, 71-99, DOI: 10.1007/s12062-014-9108-5
- Lachman, M. E., Teshale, S., & Agrigoroaei, S. (2015). Midlife as a Pivotal Period in the Life Course: Balancing Growth and Decline at the Crossroads of Youth and Old Age, *International Journal of Behavioral Development, 39*, 20-31, DOI:10.1177/0165025414533223
- Agrigoroaei, S. (2015). Physical Health and Social Class. *The Encyclopedia of Adulthood and Aging* (Editor: Susan Krauss Whitbourne)
- Lachman, M.E., Agrigoroaei, S., & Hahn, E.A. (2015). Making Sense of Control: Change and Consequences, in *Emerging Trends in the Social and Behavioral Sciences*, eds. Robert Scott and Stephen Kosslyn, Hoboken, NJ: John Wiley and Sons
- Turiano, N.A., Chapman, B.P., Agrigoroaei, S., Infurna, F.J. & Lachman, M.E. (2014). Perceived Control Reduces Mortality Risk at Low, not High, Education Levels, *Health Psychology, 33*, 883-890, DOI: 10.1037/hea0000022
- Lachman, M.E., Agrigoroaei, S., Tun, P., & Weaver, S.L. (2014). Monitoring Cognitive Functioning: Psychometric Properties of the Brief Test of Adult Cognition by Telephone (BTACT), *Assessment, 21*, 404-417, DOI:10.1177/1073191113508807

- Zebrowitz, L., Franklin, R., Jr., Boshyan, J., Luevano, V., Agrigoroaei, S., Milosavljevic, B., Lachman, M. E. (2014). Older and Younger Adults' Accuracy in Discerning Health and Competence in Older and Younger Faces, *Psychology and Aging*, 29, 454-468, DOI: 10.1037/a0036255
- Agrigoroaei, S., Neupert, S.D. & Lachman, M.E. (2013) Maintaining a Sense of Control in the Context of Cognitive Challenge: Greater Stability in Control Beliefs Benefits Working Memory, *The Journal of Gerontopsychology and Geriatric Psychiatry*, 26, 49-59, DOI: 10.1024/1662-9647/a000078
- Agrigoroaei, S., Polito, M., Lee, A., Kranz-Graham, E., Seeman, T., & Lachman, M.E. (2013) Cortisol Response to Challenge Involving Low Controllability: The Role of Control Beliefs and Age, *Biological Psychology*, 93, 138-142, DOI: 10.1016/j.biopsycho.2013.01.003
- Fournet, N., Roulin, J.L., Vallet, F., Beaudoin, M., Agrigoroaei, S., Paignon, A., Dantzer C., & Desrichard, O. (2012). Evaluating short-term and working memory in older adults: French normative data, *Aging & Mental Health*, DOI: 10.1080/13607863.2012.674487
- Lachman, M.E., & Agrigoroaei, S. (2012). Low Perceived Control as a Risk Factor for Episodic Memory: The Mediational Role of Anxiety and Task Interference. *Memory & Cognition*, 40, 287-296, DOI: 10.3758/s13421-011-0140-x.
- Agrigoroaei, S., & Lachman, M.E. (2011). Cognitive Functioning in Midlife and Old Age: Combined Effects of Psychosocial and Behavioral Factors. *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences*, 66B(S1), i130–i140, DOI: 10.1093/geronb/gbr017
- Lachman, M.E., Neupert, S.D., & Agrigoroaei, S. (2011). The Relevance of Control Beliefs for Health and Aging. In K. W. Schaie & S. L. Willis (Eds.), *Handbook of the Psychology of Aging* (7th edition).
- Agrigoroaei, S., & Lachman, M. E. (2010). Personal Control and Aging: How Beliefs and Expectations Matter. In J. C.avanaugh & C. K. Cavanaugh (Eds.), *Aging in America: Psychological Aspects* (Vol. 1, pp. 177-201). Santa Barbara, CA: Praeger Perspectives.
- Lachman, M.E., Agrigoroaei, S., Murphy, C., & Tun, P. (2010). Frequent Cognitive Activity Compensates for Education Differences in Episodic Memory. *The American Journal of Geriatric Psychiatry*, 18, 4-10, DOI: 10.1097/JGP.0b013e3181ab8b62

- Lachman, M.E., & Agrigoroaei, S. (2010). Promoting Functional Health in Midlife and Old Age: Long-term Protective Effects of Control Beliefs, Social Support, and Physical Exercise. *PlosOne* 5(10): e13297. DOI:10.1371/journal.pone.0013297.
- Lachman, M.E., & Agrigoroaei, S. (2010). Optimizing Health: A Lifespan Approach. In P. Rothstein & D.D. Schull (Eds.), *Boomers and Beyond: Reconsidering the Role of Libraries*. Chicago, IL: American Library Association.
- Beaudoin M., Agrigoroaei S., Desrichard O., Fournet, N., & Roulin, J.L. (2008). Validation of the French Version of the Memory Self-efficacy Questionnaire. *European Review of Applied Psychology*, 58, 165-176, DOI:10.1016/j.erap.2007.09.001

Manuscript under review

- Agrigoroaei, S., De Volder, A.G., Deldicque, L., Philippot, P., & de Saint-Hubert, M. (submitted). Understanding How the Brain Mediates the Effects of Physical Exercise on Frailty and Mood in the Elderly
- Hughes, M. L., Agrigoroaei, S., Bruzzese, M., & Lachman, M. E. (under review). Change in Cognitive Performance from Midlife into Old Age: Findings from the Midlife in the United States (MIDUS) Study. *Journal of the International Neuropsychological Society*
- Rickenbach, E. H., Agrigoroaei, S., Hughes, M. L., & Lachman, M. E. (submitted). Control Beliefs and Susceptibility to the Promises of Memory Improvement. *The Gerontologist*
- Mélon, M., Agrigoroaei, S., Diekmann, A., & Luminet, O. (submitted) The Holiday-related Predictors of Wellbeing in Seniors

PRESENTATIONS

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| 2018 | Grimm, E. & Agrigoroaei, S. The interactive role of executive functioning and physical exercise on allostatic load biomarkers in younger, middle-aged, and older adults. Poster presented at the conference Journées d'Etude du Vieillissement, Chambéry, France, March 5-6 |
| 2017 | Agrigoroaei, S., Hughes, M., Drewelies, J., Gerstorf, D. & Lachman, M.E. Understanding cohort differences in cognitive functioning: Evidence from the MIDUS National Study, poster presentation at the XXI st IAGG World Congress of Gerontology and Geriatrics, San Francisco, July 23-27. |

- 2016 • Vallet, F., Desrichard, O., Agrigoroaei, S., Fagot, D., & Spini, D. *La fragilité dans le vieillissement et son influence sur la gestion du stress*. Oral presentation (Symposium : *Approche psychosociale de la vulnérabilité*) at the Congrès International de Psychologie Sociale en langue française, Geneva, June 29- July 1st.
- 2015 • Agrigoroaei, S., Rickenbach Hahn, E., & Lachman, M.E. *Regional Differences in Cognitive Performance: Evidence from U.S. Health and Retirement Study (Symposium: Contextual Effects on Well-Being and Cognition from Mid to Late Life)*. Oral presentation at the Gerontological Society of America's 68th Annual Scientific Meeting, Orlando, FL, November 18-22.
- 2014 • Rickenbach Hahn, E., Agrigoroaei, S., & Lachman, M.E. *Daily Demands Interfere with Cognition: Some Days are Better than Others*. Poster presented at the Gerontological Society of America's 67th Annual Scientific Meeting, Washington, DC, November 5-9.
- 2014 • Agrigoroaei, S., Hahn, E. A., Robinson, S., & Lachman, M.E. *Daily Control is Good for your Memory: Evidence from the Daily Experiences and Memory Study*. Poster presented at the Cognitive Aging Conference, Atlanta, GA, April 3-6.
- 2014 • Hahn, E. A., Agrigoroaei, S., Palow, C., & Lachman, M.E. *Physical Activity Buffers the Effects of Daily Stress on Daily Executive Functioning*. Poster presented at the Cognitive Aging Conference, Atlanta, GA, April 3-6.
- 2014 • Price, J., Agrigoroaei, S., Polito, M., Hanlin, L., Gianferante, D., Thoma, M.V., Rohleder, N., *Better Cognitive Abilities Predict Stronger Habituation of Cortisol Responses to Repeated Acute Stress*, Poster presented at the 72nd Annual Scientific Meeting of the American Psychosomatic Society, San Francisco, CA, March 12-15.
- 2014 • Tassone, D., Hahn, E. A., Agrigoroaei, S., & Lachman, M.E. *How we talk affects how we feel: Comparing methods of communication across the life-span*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Austin, TX, February 13-15.
- 2013 • Agrigoroaei, S., Neupert, S.D., & Lachman, M.E. *Control Beliefs and Working Memory Performance Travel Together: Evidence from a Short-term Repeated Measures Study*. Oral presentation (Symposium: The interplay between psychosocial resources and cognitive, mental, and physical health in adulthood and old age) at the Gerontological Society of America's 66th Annual Scientific Meeting, New Orleans, LA, November 20-24.

- 2012 • Agrigoroaei, S. & Lachman, M.E. *Stress Less and Remember More: Anxiety Gets Under the Skull*. Poster presented at the Gerontological Society of America's 65th Annual Scientific Meeting, San Diego, CA, November 14-18.
- 2012 • Agrigoroaei, S., Lee, A. & Lachman, M.E. *Looking as Young as You Feel: Financial Stress Can Make You Look and Feel Older*. Poster presented at the Gerontological Society of America's 65th Annual Scientific Meeting, San Diego, CA, November 14-18.
- 2012 • Lyu, J. & Agrigoroaei, S. *Childhood Disadvantage and Cognitive Functioning: The Mediation Role of Psychosocial and Behavioral Lifestyle Factors*. Poster presented at the Gerontological Society of America's 65th Annual Scientific Meeting, San Diego, CA, November 14-18.
- 2012 • Yang, M.S., Agrigoroaei, S., Huffman-Oh, P., & Dugan, E. *The Association between Racial Preference and Cognitive Performance in Mid and Late Life*. Poster presented at the Gerontological Society of America's 65th Annual Scientific Meeting, San Diego, CA, November 14-18.
- 2012 • Coyle, C.E. & Agrigoroaei, S. *Social Relationships with Family, Friends, and Spouse: Which are Associated with Cognitive Performance?* Poster presented at the Gerontological Society of America's 65th Annual Scientific Meeting, San Diego, CA, November 14-18.
- 2012 • Agrigoroaei, S. & Lachman, M.E. *Intraindividual Variability in Memory Control Beliefs: Risk and Resilience in the Face of Challenging Cognitive Tasks*. Poster presented at the Cognitive Aging Conference, Atlanta, GA, April 19-22.
- 2012 • Lachman, M.E., Agrigoroaei, S., Tun P.A., Weaver, S.L. *Cognition and Health in Midlife: Findings from the National Study of Midlife in the United States (MIDUS) with the Brief Test of Adult Cognition by Telephone (BTACTION)*. Poster presented at the Cognitive Aging Conference, Atlanta, GA, April 19-22.
- 2011 • Lachman, M.E. & Agrigoroaei, S. *What Makes Us Happy, Healthy, and Wise? Findings from the National Study of Midlife in the United States (MIDUS)*. Oral presentation at the Society for the Study of Human Development (SSHD) Biennial Meeting, Providence, RI, October 28-30.
- 2011 • Agrigoroaei, S. & Lachman, M.E. *Low Control Beliefs as a Risk Factor for Memory: Anxiety and Cognitive Interference as Mediators*. Poster presented at the Gerontological Society of America's 64th Annual Scientific Meeting, Boston, MA, November 18-22.

- 2011 • Agrigoroaei, S., Polito, M.J., Lee, A., Kranz-Graham, E., Mehler, B, Seeman, T., & Lachman, M.E. *Driven to Distraction: Effects of a Driving Challenge on Control Beliefs, Physiological Reactivity, Attention, and Memory in Younger and Older Adults*. Poster presented at the 119th Annual Convention of the American Psychological Association, Washington, DC, August 4-7.
- 2011 • Agrigoroaei, S., Polito, M.J., & Lachman, M.E. *Individual Differences in Stress Reactivity: The Role of Personality*, Poster presented at the 12th Annual Meeting of the Society for Personality and Social Psychology, San Antonio, TX, January 27-29.

TEACHING EXPERIENCE

Independent Teaching Experience

- since 2014 • Lecturer - Université catholique de Louvain (UCL), Louvain-la-Neuve, Belgium
 - *Psychology of Aging, Health Psychology, Research Methods*
- 2012 • Lecturer - University of Massachusetts Boston, Department of Gerontology, Boston, MA
 - *Cognitive Aging*
- 2010 • Lecturer - Brandeis University, Waltham, MA
 - *Adult Development and Aging*
- 2005 - 2007 • Temporary University Lecturer and Researcher (Attaché Temporaire d'Enseignement et de Recherche - ATER) - Savoie University, Chambéry, France
 - *Research Methods*
 - *Multivariate Statistics*
 - *Social Psychology*
- 2003 - 2005 • Pierre-Mendès-France University, Grenoble, France
 - *Multivariate Statistics*

Teaching Assistantships

- 2003 - 2005 • Research Methods - Savoie University, Chambéry, France
- 2003 - 2005 • Social Psychology - Savoie University, Chambéry, France

PROFESSIONAL AFFILIATIONS

- Louvain4Ageing Consortium (UCL)
- SBGG (Société Belge de Gérontologie et de Gériatrie)
- GSA (Gerontological Society of America)
- APA (American Psychological Association) & Division 20 (Adult Development and Aging)
- APS (Association for Psychological Science)
- SPSP (Society for Personality and Social Psychology)

REVIEWER

- Journal of Gerontology: Psychological Science
- Psychology and Aging
- Aging and Mental Health
- Canadian Journal on Aging
- Ageing & Society
- Memory
- Research on Aging
- International Health
- Gerontology
- The Gerontologist
- Health Promotion International
- Psychologica Belgica

SPECIALIZED TRAINING

- | | |
|------|---|
| 2012 | • RAND Summer Institute (Workshops: Mini-Medical School for Social Scientists & Demography, Epidemiology and Economics of Aging), Santa Monica, CA, July 9 th -12 th (Travel award). |
| 2012 | • American Psychological Association's Advanced Training Institute on Structural Equation Modeling in Longitudinal Research, University of California, Davis, CA, May 29- June 2 nd (Travel award). |
| 2011 | • Scientific Research Network on Decision Neuroscience & Aging (SRNDNA) Methods Workshop: <i>Multilevel Modeling</i> at Kellogg School of Management at Northwestern University, Evanston, IL, September 29 th (Travel award). |
| 2011 | • Society for Personality and Social Psychology Training Preconference - <i>How Does One Do That? Adding New Tools to the Research Toolbox</i> , San Antonio, TX, January 27 th . |

- 2006 • Workshop *Teaching Psychology*, Blaise Pascal University, Clermont-Ferrand, France, June 21-24.
Trainer: Dr. Markus Brauer, CNRS (French National Center for Scientific Research)
- 2006 • Workshop *Multilevel Linear Models for Grouped and Longitudinal Data*, Blaise Pascal University, Clermont-Ferrand, France, June 18-21.
Trainer: Dr. Hélène Jacqmin-Gadda (French National Institute of Health and Medical Research)
- 2006 • Summer School *Multiple Regression, Mediation and Moderation Analysis*, Savoie University, Chambéry, France, August 28-30.
Trainer : Dr. Dominique Muller (Paris V University)
- 2005 • Workshop *Path Analysis and Structural Equations Modelling*, Blaise Pascal University, Clermont-Ferrand, France, June 22-25.
Trainer: Dr. Markus Brauer, CNRS (French National Center for Scientific Research)
- 2003 • Participant - European Diploma of Advanced Studies in Social Psychology, University of Lausanne and University of Geneva, Switzerland, April 28 - May 2.
- 2002 • Workshop *Discrimination: A Social Psychological Approach*, University of Lausanne, Switzerland, December 5-10.
Trainers: Dr. Pérez, J.A., University of Valencia (*Forms of Ethnic Minorities Reject*) and Dr. Maass A., Padova University (*Language and Social Cognition*)
- 2000 • Training *Validity and Control in Psychological Research* Faculty of Psychology and Educational Sciences, Babes-Bolyai University, Cluj–Napoca, Romania, May 15-19 Trainer: Dr. Cristi Sarbu, Babes-Bolyai University, Cluj–Napoca, Romania
- 2000 • Training *Patients with Cardiovascular Disease: A Psychological Approach*
Trainer: Dr. Gabriela Nicoara Hum-Ursachi, Cluj-Napoca Heart Institute, Romania