

Andreea URSU

Contact

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I. Work Experience

March 2021 – present

- Assistant professor of psychology

University Ștefan cel Mare of Suceava, Faculty of Educational Sciences

IA. Research Experience

October 2020 – present

- Postdoc, WiRe Fellowship

Couple and Family Psychology Lab, University of Münster, Münster, Germany

Research topic: Emotion regulation within romantic relationships

October 2020 – present

- Research team coordination

Alexandru Ioan Cuza, University of Iași

Research topic: The effects of co-activation of emotion regulation strategies on relational outcomes

June 2019 – present

- TeleSPA

Early Childhood Education Center of Alexandru Ioan Cuza, University of Iasi, Iasi Romania (technician)

Research topic: Teaching learning spaces competence from early childhood education

Organizer – TeleSPA conference

July 2019 – September 2019

- Traineeship scholarship at Social Psychology Lab

Hacettepe University, Faculty of Letters, Psychology Department, Ankara, Turkey

Research topic: Emotion recognition and emotion regulation as predictors of dyadic satisfaction (analyzing data)

June 2018 – July 2019

- CoTalent project

- Alexandru Ioan Cuza, University of Iasi (Iasi, Romania) – participant

Research topic: Presenting the tools

- Hanze University of Applied Sciences (Groningen, the Netherlands) - participant

Research topic: Developing tools which help talented young people reach their full potential

February 2019 – May 2019

- [Traineeship scholarship at Centre for Cross-Cultural Psychology](#)

National and Kapodistrian University of Athens, Faculty of Psychology and Education Sciences, Athens, Greece

Research topic: Qualitative and cross-cultural approach of romantic relational anger, hurt and boredom (analyzing data)

July 2018 – September 2018

- [Traineeship scholarship at Deusto Stress Research Lab](#)

University of Deusto, Faculty of Psychology and Education Sciences, Bilbao, Spain

Research topic: Negative emotions and romantic relationships: a cross-cultural qualitative analysis (analyzing data)

July 2017 – September 2017

- [Traineeship scholarship at Deusto Stress Research Lab](#)

University of Deusto, Faculty of Psychology and Education Sciences, Bilbao, Spain

Research topic: Negative emotions and romantic relationships: a cross-cultural qualitative analysis (developing instruments and collecting data)

IB. Teaching Experience

March 2021 – present

- Family psychology
Stefan cel Mare, University of Suceava, Faculty of Educational Sciences, Specialization - Psychology

October 2019 – January 2021

- Personality psychology
Alexandru Ioan Cuza, University of Iasi, Faculty of Psychology and Educational Sciences, Specialization - Psychology

October 2018 – January 2021

- History of psychology
Alexandru Ioan Cuza University of Iasi, Faculty of Psychology and Educational Sciences, Specialization - Psychology

February 2018 – June 2018

- Psycho-diagnosis for persons with disabilities
Alexandru Ioan Cuza University of Iasi, Faculty of Psychology and Educational Sciences, Specialization - Special Psycho-pedagogy

II. Education

October 2016 – September 2020

- [Doctorate programme in psychology](#)

Alexandru Ioan Cuza, University of Iași, Faculty of Psychology and Education Sciences, Iași, Romania

Research theme: "Negative Emotions, Emotional Processes and Relational Outcomes"

October 2013 – July 2015

- Master degree in "Evaluation, Training and Psychological Counseling of Personnel"

Alexandru Ioan Cuza, University of Iași, Faculty of Psychology and Education Sciences, Iași, Romania

Dissertation topic: "The Attitude of the Romanian Road Users toward a Graduated Licensing System".

February – March 2014

- Trainer Course with diploma issued by The Ministry of Labor and by The Ministry of Education

During two months, I attended the classes and workshops for developing competences and abilities related to non-formal education activities (continuum formation) applied to adults.

EuroAsia Center, Iași, Romania

September 2014 – June 2015

- Study scholarship Erasmus + (Plus), Master program "General Psychology"

Hacettepe University, Faculty of Letters, Psychology Department, Ankara, Turkey

October 2010 – June 2013

- Graduated of Faculty of Psychology and Education Sciences, major - General Psychology
Alexandru Ioan Cuza, University of Iași, Faculty of Psychology and Education Sciences, Iași, Romania
Bachelor topic: "Drivers' Attitude toward Policeman"

April 2012

- Coordinator and participant of "Mobilități Cognosis" project

During one week, I attended the psychology' courses of West University.

Faculty of Psychology and Sociology, West University, Timișoara, Romania

March 2011

- Participant of Exchange EFPSA (European Federation of Psychology Students Associations)

During one week, I was one of the beneficiaries of Exchange EFPSA. I participated to classes and extracurricular activities.

Faculty of Psychology, Catholic University of Louvain, Belgium

III. Teaching Interest

May 2020 – July 2020

- The psycho-pedagogic module (2nd level)
- Acquiring knowledge related to the pedagogical aspects of educational systems (teaching methods, teaching procedure, syllabus) and developing abilities for teaching at high school and university level.

October 2017 – December 2017

- EVS Volunteer – Non-formal education activities. Working with Jordanian and Syrians children and young adolescents
- 4 schools from Jerash, Jordan

October 2010 – June 2013

- The psycho-pedagogic module (1st level)

October 2012 – June 2013

- Pedagogical internship
Pedagogic High School "Vasile Lupu" (Iași, România)

March – May 2013

- Initiator, coordinator and participant of "Afterschool" project
A group of volunteers went and help kids to make their homework.
General School number 21 "Ion Neculce", (Iași, România)

IV. Participations at local, national, international conferences - presenting a research

17 – 20 October 2019

- Ediția a VIII-a a Conferinței Internaționale de Psihologie Aplicată și Științe ale Educației. (Iași, Romania) (The Eighth International Conference on Applied Psychology and Educational Sciences)
✓ Participation with "Emotion recognition, emotion regulation and dyadic adjustment among romantic relationships"

16 – 19 May 2019

- Ediția a V-a a Conferinței Studențești de Psihologie și Științe ale Educației. (Iași, Romania) (The Fifteen Students Conference of Psychology and Educational Sciences)
✓ Participation with "A cross-cultural study of positive emotions in Romanian and Spanish romantic relationships"

9 – 11 May 2019

- Ediția a XIX -a a Conferinței Naționale de Psihologie Industrial-Organizațională "Horia D. Pitariu" – Impactul tehnologiei asupra muncii (Iași, Romania) (The Nineteenth National Conference of Industrial and Organizational Psychology)
✓ Participation with "Perceived causes of romantic relational disinterest. Findings from Romanian young couples"

25 – 26 April 2018

- The Fifth International Conference on Adult Education – Education for Values Continuity and Context (Iași, Romania)
✓ Participation with "An overview of research on romantic relationships. The case of negative emotions"

8 – 11 December 2016

- International E-team Conference "Sharing Students' Ideas and Experiences about the Future of Research" (Iași, Romania)
✓ Participation with "The attitude of the Romanian road users toward a graduated licensing system"

10 – 13 April 2014

- Student Conference on Interdisciplinary Research in Psychology, (SCRIRP 2014) (Iași, România)
✓ The second prize with the research "Drivers' attitude toward policeman"

V. Participation at workshops and conferences

September 2020 – January 2021

- OUTDOC (European Training Program to improve PhD students employability)

- Developing skills in areas such as: self-motivation and initiative; work management; responsibility; flexibility and adaptability; oral communication; written communication; creativity in professional environments; teamwork; problem solving and decision making; work ethics.

09 December 2020

- Scientific communication and leadership (workshop under WiRe program, University of Münster, Germany)

30 October 2020

- How to promote your research on LinkedIn (workshop under WiRe program, University of Münster, Germany)

24 – 25 September 2020

- Conferința Națională „Psihoterapia Cognitiv-Comportamentală“, ediția a VI a (Cluj-Napoca, Romania – participare online).
(The Sixth Cognitive Behavioral Psychotherapy National Conference; online participation)

15 – 17 November 2019

- A XII-a Conferință Națională de Psihodrama - Psihodramă în secolul XXI. Tendințe și provocări (Brașov, Romania)
(The Twelfth Psychodrama National Conference – Psychodrama in 21st century. Trends and challenges)

30 – 31 May 2019

- Ediția I-a a Conferinței Studențești de Cercetare Aplicată în Științele Educației și Psihologie (Suceava, Romania) (The First Edition of Students Conference Applied on Educations Sciences and Psychology)

27 – 28 April 2018

- The Fifth International Conference on Adult Education – Education for Values Continuity and Context (Chișinău, Republic of Moldova)

22-23 October 2016

- National Conference of Narrative Psychology (Iași, Romania)

19 – 21 September 2013

- Psychology and Education Sciences Students ‘ National Congress–CNSP (Timișoara, Romania)

14-15 October 2013

- Contemporaine dimensions of ABA therapy, (Iași, Romania)

21 May 2011

- SPP Conference – "Psychological aspects of cultural diversity" (Iași, Romania)

VI. Member of Organizing Committee

January 2018–April 2018

- Organizer of The Fifth International Conference on Adult Education – Education for Values Continuity and Context (Iași, Romania)
- Raportor for 2 sections, 2 days

VII. Internships and Placements

July-September 2015

- Trainer Internship – "Rumanos Almerienses", Almeria, Spain

May-June 2014

- Internship Human Resources– "Iasicon", Iasi, Romania

March –May 2013

- Clinic Internship at Psychiatric Hospital "Socola", Iasi, Romania
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VIII. Erasmus+ projects

7th – 15th December 2018

- Participant of "Alone no more" project, Canakkale, Turkey
- Topic : - refugees and asylum seekers

12th – 18th May 2016

- Participant of "Be positive, Be creative" project, Sbeitla, Tunisia
 - Topic : - volunteering and creativity
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IX. Workshops facilitated

X. A. Research focused workshops

17 – 20 October 2019

Ediția a VIII-a a Conferinței Internaționale de Psihologie Aplicată și Științe ale Educației. (Iași, Romania) (The Eighth International Conference on Applied Psychology and Educational Sciences)
19 October 2019 - Harvey, R., **Ursu A.** – Oxford House in Romania

X.B. Personal development workshops

2 November – 5 December 2019

Dezvoltare personală prin creșterea inteligenței relaționale (Personal development by increasing relational intelligence) held at Centrul de Dezvoltare Personală și Formare Profesională (Center of Personal Development and Profesional Training)

23 November 2019 - **Ursu, A.** Inteligența emoțională și rolul ei în public speaking (Emotional Intelligence and its role in public speaking)

X. ARTICLES

XI.A. Articles in international journals

Ursu, A., Harvey, R. (2021). Romanians' Attitudes Towards Community-based Substance Abuse Recovery Housing. *Journal of Prevention and Intervention in the community (in press)*

Ursu, A., Turliuc, M.N. (2020). Emotion regulation as mediator between anger experience and dyadic satisfaction. *Manuscript under review.*

Ursu, A., Turliuc, M.N. (2020). Do emotion recognition and emotion regulation predict dyadic adjustment? The moderating role of relationship length. *Journal of Psychological and Educational Research*, 28(1), 45-63, Oradea, Editura Universității din Oradea (ISSN: 2247-1537 ISSN-L: 2247-1537).

Ursu, A., Turliuc, M.N., Pavlopoulos, V. (2020). Typologies of negative emotions within romantic relationships. A derived-etic approach of situational categories in Romania and Spain. *Agathos: An International Review of the Humanities and Social Sciences*, 11(1), 234-279, Iași, Editura Universității Alexandru Ioan Cuza (e-ISSN: 2248-3446, ISSN: 2069-1025).

Ursu, A., Turliuc, M.N., Măirean, C. (2020). Hypothetical scenarios use in eliciting negative emotions in romantic relationships. Two validation studies. *Manuscript submitted for publication*.

XI.B. Articles in national journals

Vornicu, G., **Ursu, A.,** (2021). Alcohol Consumption during COVID-19 Lockdown in Romania. Social Demographic Differences, Predictors and Moderators. *Manuscript submitted for publication*.

Ursu, A., Turliuc, M.N. (2020). Reviewing the predictors of dyadic satisfaction. The case of emotion recognition and emotion regulation. *Journal of Psychology*, 66(3), 259-277, Bucuresti, Editura Academiei Romane (ISSN: 0034-8759).

Ursu, A., Turliuc, M.N., Fernández González, L. (2020). Negative emotions in Romanian and Spanish romantic relationships. A cross-cultural approach. *International Journal of Education and Psychology in the Community*, 10(1 & 2), 105-130 Oradea, (ISSN: 2069-4695).

Ursu, A., Turliuc M.N. (2019). When partners get bored in their relationships? A qualitative and cross-cultural approach of romantic relational boredom. *International Journal of Education and Psychology in the Community*, 1 & 2, 132-148, Oradea, (ISSN: 2069-4695).

Ursu, A., Turliuc, M. N. (2018). Emotions within romantic relationships. A literature review. *Journal of Psychology*, 64(3), 223-237, Bucuresti, Editura Academiei Romane (ISSN: 0034-8759).

Ursu, A., Turliuc M.N. (2018). An overview of research on romantic relationships. The case of negative emotions. *Education 21 Journal*, 16, Cluj-Napoca, (ISSN: 2247-8671) (DOI: 10.24193/ed21.2018.16.02).

XI.C. ISI Conference Proceedings

Ursu A. (2018). Perceived intensity and causes of criticism within romantic relationships. Findings from a Romanian sample. *Proceedings of ICVL 2018*, 246-252, Editura Universitatii din Bucuresti (ISSN: 1844-8933).

XI. REVIEWING ACTIVITIES

- Adhoc reviewer - Scientific Anals of UAIC Iași, Psychology Series

