

Andreea URSU

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[LinkedIn](#) [ResearchGate](#)  
[OrcID](#) [Google Scholar](#)

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## I. Work Experience

February 2024 – present

- Lecturer in Psychology

*Ștefan cel Mare University of Suceava, Faculty of Educational Sciences (Suceava, Romania)*

March 2021 – February 2024

- Assistant Professor of Psychology

*Ștefan cel Mare University of Suceava, Faculty of Educational Sciences (Suceava, Romania)*

### IA. Research Experience

November 2022 – present

- Researcher

**Project:** EduCardia – Assessment and improvement of socioemotional competencies of students powered by a smart digital toolkit and targeted educational activities applied on physical and online – Erasmus+ Project (country partners: Greece, Cyprus, Romania, Spain (project director Eleni Fotopoulou, PhD, 2021-1-EL01-KA220-SCH-000032806)

October 2022 – present

- Postdoc position

*Alexandru Ioan Cuza, University of Iași, Faculty of Psychology and Educational Sciences (Iași, Romania)*

**Project:** Co-activated emotion regulation strategies effects on subjective experience (Efectul co-activării strategiilor de reglare emoțională asupra experienței subiective) (national competition – 32.000 RON, co-funded by The European Social Fund, through Operational Programme Human Capital 2014-2020, project number POCU/993/6/13/153322, project title *Educational and training support for PhD students and young researchers in preparation for insertion into the labor market*)

June 2022 – May 2024

- Postdoc position

**Project:** Stress and Coping in Family Relationships: Longitudinal Effects on Couple Dynamics and Parenting Behaviors (project director Petruța Rusu, PhD, PN-III-P1-1.1-TE-2021-1203)

March 2022 – December 2023

- Researcher

**Project:** Serious Games – Developing Emotional Competences for Nursing Students – Erasmus+ Project (country partners: Portugal, Malta, Romania, Spain and Italy (project director Lisa Gomes, PhD, 2020-1-PT01-KA203-078847)

July 2022 – August 2022

- Researcher

**Project:** Promoting Mental Health at School (PROMEHS), (project director Adina Colomeischi, PhD, 6606689-EPP-1-2018-2-IT-EPPKA3-PI-POLICY)

December 2021- present

- Teamleader - Interdisciplinary research group

**Project:** Health workers' wellbeing on COVID-19 pandemic times

September 2021- present

- International research group

**Project:** The Behavioral Emotion Regulation Questionnaire (BERQ): cross-cultural validation and its effects on wellbeing (Ștefan cel Mare University of Suceava, Romania, Ovidius University of Constanța, Romania, Universitat de Leida, Spain)

September – December 2021

- Collaborative Researcher

**Project:** Social Support & Help Seeking in a Changing World, Mississippi State University

April 2021 – May 2021

- Collaborative Researcher

**Project:** Culture and Social/Cognitive Style, University of Chicago

October 2020 – present

- Team leader Research team supervision

**Project:** Predictors of romantic relationships quality

October 2020 – May 2021

- Postdoc, WiRe Fellowship

Couple and Family Psychology Lab, University of Münster, Münster, Germany

**Project:** Emotion regulation within romantic relationships (international competition, 15.000 euro, University of Munster funds)

July 2019 – September 2019

- Traineeship scholarship at Social Psychology Lab

Hacettepe University, Faculty of Letters, Psychology Department, Ankara, Turkey

**Research topic:** Emotion recognition and emotion regulation as predictors of dyadic satisfaction (analyzing data)

June 2018 – July 2019

- CoTalent project
- Alexandru Ioan Cuza, University of Iași (Iași, Romania) – participant

**Research topic:** Presenting the tools

- Hanze University of Applied Sciences (Groningen, the Netherlands) - participant  
**Research topic:** Developing tools which help talented young people reach their full potential

February 2019 – May 2019

- [Traineeship scholarship at Centre for Cross-Cultural Psychology](#)

National and Kapodistrian University of Athens, Faculty of Psychology and Education Sciences, Athens, Greece

**Research topic:** Qualitative and cross-cultural approach of romantic relational anger, hurt and boredom (analyzing data)

July 2018 – September 2018

- [Traineeship scholarship at Deusto Stress Research Lab](#)

University of Deusto, Faculty of Psychology and Education Sciences, Bilbao, Spain

**Research topic:** Negative emotions and romantic relationships: a cross-cultural qualitative analysis (analyzing data)

July 2017 – September 2017

- [Traineeship scholarship at Deusto Stress Research Lab](#)

University of Deusto, Faculty of Psychology and Education Sciences, Bilbao, Spain

**Research topic:** Negative emotions and romantic relationships: a cross-cultural qualitative analysis (developing instruments and collecting data)

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## **IB. Teaching Experience**

October 2024 – present

- Social Psychology, Theoretical approaches of psychological evaluation  
Stefan cel Mare, University of Suceava, Faculty of Educational Sciences, Specialization - Psychology

October 2023 – present

- Organizational theories  
Stefan cel Mare, University of Suceava, Faculty of Educational Sciences, Specialization – Psychology/ Faculty of History and Geography, Specialization – Human Resources

October 2021 – present

- Psychological resilience  
Stefan cel Mare, University of Suceava, Faculty of Educational Sciences, Specialization - Psychology
- Work psychology  
Stefan cel Mare, University of Suceava, Faculty of Educational Sciences, Specialization – Psychology/ Faculty of History and Geography, Specialization – Human Resources

March 2021 – present

- Family psychology  
Stefan cel Mare, University of Suceava, Faculty of Educational Sciences, Specialization - Psychology

March 2021 – February 2024

- Educational psychology  
Stefan cel Mare, University of Suceava, Faculty of Educational Sciences

October 2019 – January 2021

- Personality psychology  
Alexandru Ioan Cuza, University of Iasi, Faculty of Psychology and Educational Sciences, Specialization - Psychology

October 2018 – January 2021

- History of psychology  
Alexandru Ioan Cuza University of Iași, Faculty of Psychology and Educational Sciences, Specialization - Psychology

February 2018 – June 2018

- Psycho-diagnosis for persons with disabilities  
Alexandru Ioan Cuza University of Iași, Faculty of Psychology and Educational Sciences, Specialization - Special Psycho-pedagogy

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### **IC. Psychotherapeutic training**

6<sup>th</sup> – 7<sup>th</sup> April 2024

- Contextual Schema Therapy  
APCCR, Cluj-Napoca, Romania

October 2021 – present

- Emotionally Focused Therapy (International Center for Excellence in Emotionally Focused Therapy (*ICEEFT*) certified)  
PSIRIS Center Iași, Romania

26<sup>th</sup> – 27<sup>th</sup> May 2023

- Training – Hold me tight (Sue Johnsons)

30<sup>th</sup>, 31<sup>st</sup> March, 28<sup>th</sup> April 2023

- Personality disorders from a Cognitive-Behavioral perspective Course. Diagnosis, conceptualization and intervention recommendations.

23<sup>rd</sup> – 26<sup>th</sup> June

- Emotionally Focused Therapy Summer School  
PSIRIS Center Iași, Romania

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### **II. Education**

October 2016 – September 2020

- [Doctorate programme in psychology](#)

Alexandru Ioan Cuza, University of Iași, Faculty of Psychology and Education Sciences, Iași, Romania

**Research theme:** "Negative Emotions, Emotional Processes and Relational Outcomes"

October 2013 – July 2015

- [Master degree in "Evaluation, Training and Psychological Counseling of Personnel"](#)

Alexandru Ioan Cuza, University of Iași, Faculty of Psychology and Education Sciences, Iași, Romania

**Dissertation topic:** "The Attitude of the Romanian Road Users toward a Graduated Licensing System".

February – March 2014

- [Trainer Course with diploma issued by The Ministry of Labor and by The Ministry of Education](#)

During two months, I attended the classes and workshops for developing competences and abilities related to non-formal education activities (continuum formation) applied to adults.

EuroAsia Center, Iași, Romania

September 2014 – June 2015

- [Study scholarship Erasmus + \(Plus\), Master program "General Psychology"](#)

Hacettepe University, Faculty of Letters, Psychology Department, Ankara, Turkey

October 2010 – June 2013

- [Graduated of Faculty of Psychology and Education Sciences, major - General Psychology](#)  
Alexandru Ioan Cuza, University of Iași, Faculty of Psychology and Education Sciences, Iași, Romania  
**Bachelor topic:** "Drivers' Attitude toward Policeman"

April 2012

- [Coordinator and participant of "Mobilități Cognosis" project](#)  
During one week, I attended the psychology' courses of West University.

Faculty of Psychology and Sociology, West University, Timișoara, Romania

March 2011

- [Participant of Exchange EFPSA \(European Federation of Psychology Students Associations\)](#)

During one week, I was one of the beneficiaries of Exchange EFPSA. I participated to classes and extracurricular activities.

Faculty of Psychology, Catholic University of Louvain, Belgium

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### **III. Teaching Interest**

February – March 2022

- Attachment-based Teaching training
- Acquiring knowledge related to the attachment-based teaching skills

May 2020 – July 2020

- The psycho-pedagogic module (2<sup>nd</sup> level)
- Acquiring knowledge related to the pedagogical aspects of educational systems (teaching methods, teaching procedure, syllabus) and developing abilities for teaching at high school and university level.

October 2017 – December 2017

- EVS Volunteer – Non-formal education activities. Working with Jordanian and Syrians children and young adolescents
- 4 schools from Jerash, Jordan

October 2010 – June 2013

- The psycho-pedagogic module (1<sup>st</sup> level)

October 2012 – June 2013

- Pedagogical internship  
Pedagogic High School "Vasile Lupu" (Iași, România)

March – May 2013

- Initiator, coordinator and participant of "Afterschool" project  
A group of volunteers went and help kids to make their homework.  
General School number 21 "Ion Neculce", (Iași, România)

#### **IV. Participations at local, national, international conferences - presenting research**

9<sup>th</sup> – 11<sup>th</sup> November 2023

- The Sixth International Conference On Adult Education. Education for Peace and Sustainable Development (Chișinău, Republica Moldova)
  - ✓ Participation with “We are not all in the same boat. Mental health during the war in Ukraine”, (Ursu, A., Ionescu-Corbu, A., Colomeischi, A.-A., Olynik, M., Zhurat, Y.,)

16<sup>th</sup> – 17<sup>th</sup> October 2023

- International Congress in Serious Games and Emotional Competence in Higher Education (Braga, Portugal)
  - ✓ Participation with “Emotional intelligence and mental health: The mediating role of trait anger.”, (Ionescu-Corbu, A., Ursu, A., Cramariuc, G., Colomeischi, A.-A.)
  - ✓ Participation with “Exploring the associations between games, emotional intelligence and internalizing problems”, (Cramariuc, G., Ursu, A., Ionescu-Corbu, A., Colomeischi, A.-A.)
  - ✓ Participation with “Trait anger and wellbeing: The mediating role of emotion regulation.”, (Ursu, A., Turliuc, M.N.)
  - ✓ Invited speaker – Development of an Emotional Competence Course.
  - ✓ Chair – oral communications

2<sup>nd</sup> – 4<sup>th</sup> June 2023

- APR Conference Psychology in digitalization time (Constanța, Romania)
  - ✓ Participation with “Stresul și starea de bine a părinților: rolul mediator al căldurii parentale și comunicării parentale negative”, (Bogdan, I., Rusu, P.P. Ursu, A., Candel, O.S., Ilciuc, C.)
  - ✓ Participation with “Conflictul muncă-familie, copingul didactic și satisfacția în cuplu”, (Rusu, P.P., Bogdan, I., Ursu, A., Candel, O.S., Ilciuc, C.)
  - ✓ Participation with Relația dintre valorile familiale, stresul parental și satisfacția maritală, (Ursu, A., Bogdan, I., Rusu, P.P.)

25<sup>th</sup> – 26<sup>th</sup> March 2023

- CALT Conference Creative Approaches to Learning and Teaching (Osijek, Croatia)
  - ✓ Participation with poster "Do teachers' characteristics and attitude towards gamification predict the use of gamification? " (Cramariuc, G., Ursu, A., & Ionescu-Corbu, A.)

21<sup>st</sup> - 22<sup>nd</sup> November 2022

- Conferința Studentească de Cercetare Aplicată în Științele Educației și Psihologie, (Suceava, Romania) (The Students Research Conference of Applied Psychology and Educational Sciences)
  - ✓ Participation with "Efectele co-activării strategiilor de reglare emoțională asupra experienței personale" (Ursu, A., & Turliuc, M.N.)
  - ✓ Participation with "Reglarea emoțională, reziliența și performanța sportivă în Darts" (Iftode, M. & Ursu, A.)
  - ✓ Participation with "Inteligența emoțională ca trăsătură, copingul diadic și calitatea relației" (Blănaru, A. & Ursu, A.)
  - ✓ Participation with "Creșterea personală și starea de bine psihologică după terminarea unei relații romantice" (Tiron, M.-L. & Ursu, A.)

21<sup>st</sup> – 22<sup>nd</sup> October 2022

- 2nd International Social Science, Humanities and Education (Istanbul, Turkey)
  - ✓ Participation with "Predictors of pre-university teachers' life satisfaction" (**Ursu, A. & Colomeischi, A.A.**)

30<sup>th</sup> June – 3<sup>rd</sup> July 2022

- The Eighth International Conference on Social and Emotional Learning – European Network for Social and Emotional Competences (ENSEC) (Suceava, Romania)
  - ✓ Participation with "Resilience and perceived stress: the mediating role of emotion regulation" (**Ursu, A. & Colomeischi, A.A.**)
  - ✓ Participation with "How does perceived stress relate life satisfaction in pre-university teachers? The mediating role of wellbeing" (Colomeischi, A.A. & **Ursu, A.**)
  - ✓ Participation with "Emotions and emotion regulation in family relationships" (Rusu, P., Duca, D., Bogdan, I. & **Ursu, A.**)

25<sup>th</sup> - 26<sup>th</sup> November 2021

- Conferința Studențească de Cercetare Aplicată în Științele Educației și Psihologie, (Suceava, Romania) (The Students Research Conference of Applied Psychology and Educational Sciences)
  - ✓ Participation with "Predictors of emerging adults stress during the COVID-19 pandemic" (Ursu, A.)

17<sup>th</sup> – 20<sup>th</sup> October 2019

- Ediția a VIII-a a Conferinței Internaționale de Psihologie Aplicată și Științe ale Educației, (Iași, Romania) (The Eighth International Conference on Applied Psychology and Educational Sciences)
  - ✓ Participation with "Emotion recognition, emotion regulation and dyadic adjustment among romantic relationships" (Ursu, A.)

16<sup>th</sup> – 19<sup>th</sup> May 2019

- Ediția a V-a a Conferinței Studențești de Psihologie și Științe ale Educației, (Iași, Romania) (The Fifteen Students Conference of Psychology and Educational Sciences)
  - ✓ Participation with "A cross-cultural study of positive emotions in Romanian and Spanish romantic relationships" (Ursu, A.)

9<sup>th</sup> – 11<sup>th</sup> May 2019

- Ediția a XIX -a a Conferinței Naționale de Psihologie Industrial-Organizațională "Horia D. Pitariu" – Impactul tehnologiei asupra muncii (Iași, Romania) (The Nineteenth National Conference of Industrial and Organizational Psychology)
  - ✓ Participation with "Perceived causes of romantic relational disinterest. Findings from Romanian young couples" (Ursu, A.)

25<sup>th</sup> – 26<sup>th</sup> April 2018

- The Fifth International Conference on Adult Education – Education for Values Continuity and Context (Iași, Romania)
  - ✓ Participation with "An overview of research on romantic relationships. The case of negative emotions" (Ursu, A.)

8<sup>th</sup> – 11<sup>th</sup> December 2016

- International E-team Conference "Sharing Students' Ideas and Experiences about the Future of Research" (Iași, Romania)
  - ✓ Participation with "The attitude of the Romanian road users toward a graduated licensing system" (Ursu, A.)

10<sup>th</sup> – 13<sup>th</sup> April 2014

- Student Conference on Interdisciplinary Research in Psychology, (SCRIRP 2014) (Iași, România)
  - ✓ The second prize with the research "Drivers' attitude toward policeman" (Ursu, A.)

#### September 2020 – January 2021

- OUTDOC (European Training Program to improve PhD students employability)
  - Developing skills in areas such as: self-motivation and initiative; work management; responsibility; flexibility and adaptability; oral communication; written communication; creativity in professional environments; teamwork; problem solving and decision making; work ethics.

#### 09 December 2020

- Scientific communication and leadership (workshop under WiRe program, University of Münster, Germany)

#### 30 October 2020

- How to promote your research on LinkedIn (workshop under WiRe program, University of Münster, Germany)

#### 24 – 25 September 2020

- Conferința Națională „Psihoterapia Cognitiv-Comportamentală“, ediția a VI a (Cluj-Napoca, Romania – participare online).  
(The Sixth Cognitive Behavioral Psychotherapy National Conference; online participation)

#### 15 – 17 November 2019

- A XII-a Conferință Națională de Psihodrama - Psihodramă în secolul XXI. Tendințe și provocări (Brașov, Romania) (The Twelfth Psychodrama National Conference – Psychodrama in 21<sup>st</sup> century. Trends and challenges)

#### 30 – 31 May 2019

- Ediția I-a a Conferinței Studentești de Cercetare Aplicată în Științele Educației și Psihologie (Suceava, Romania) (The First Edition of Students Conference Applied on Educations Sciences and Psychology)

#### 27 – 28 April 2018

- The Fifth International Conference on Adult Education – Education for Values Continuity and Context (Chișinău, Republic of Moldova)

#### 22-23 October 2016

- National Conference of Narrative Psychology (Iași, Romania)

#### 19 – 21 September 2013

- Psychology and Education Sciences Students ‘ National Congress–CNSP (Timișoara, Romania)

#### 14-15 October 2013

- Contemporaine dimensions of ABA therapy, (Iași, Romania)

#### 21 May 2011

- SPP Conference–"Psychological aspects of cultural diversity" (Iași, Romania)

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## **VI. Member of Organizing Committee**

#### December 2023–present

- Organizer of Dialoguri despre educație. Competență – potențial și limite (Iași, Romania)



May 2022–July 2022

- Organizer of The Eighth International Conference on Social and Emotional Learning – European Network for Social and Emotional Competences (ENSEC) (Suceava, Romania)
- Chair for 1 section - Mental Health in Schools

January 2018–April 2018

- Organizer of The Fifth International Conference on Adult Education – Education for Values Continuity and Context (Iași, Romania)
  - Assistant Chair for 2 sections during 2 days
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## **VII. Internships and Placements**

July-September 2015

- Trainer Internship – "Rumanos Almerienses", Almeria, Spain

May-June 2014

- Internship Human Resources– "Iasicon", Iași, Romania

March –May 2013

- Clinic Internship at Psychiatric Hospital "Socola", Iași, Romania
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## **VIII. Erasmus+ projects**

7<sup>th</sup> – 15<sup>th</sup> December 2018

- Participant of “Alone no more” project, Canakkale, Turkey
- Topic : - refugees and asylum seekers

12<sup>th</sup> – 18<sup>th</sup> May 2016

- Participant of “Be positive, Be creative” project, Sbeitla, Tunisia
  - Topic : - volunteering and creativity
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## **IX. Workshops facilitated**

### **X. A. Research focused workshops**

17 – 20 October 2019

Ediția a VIII-a a Conferinței Internaționale de Psihologie Aplicată și Științe ale Educației. (Iași, Romania) (The Eighth International Conference on Applied Psychology and Educational Sciences)  
19 October 2019 - Harvey, R., **Ursu A.** – Oxford House in Romania

### **X.B. Personal development workshops**

2 November – 5 December 2019

Dezvoltare personală prin creșterea inteligenței relaționale (Personal development by increasing relational intelligence) held at Centrul de Dezvoltare Personală și Formare Profesională (Center of Personal Development and Professional Training)

## X. ARTICLES

### XI.A. Articles in international journals

Ursu, A., Priego-Ojeda, M., Opariuc-Dan, C., (2024). Romanian adaptation and psychometric validation of the Behavioral Emotion Regulation Questionnaire (BERQ-RO). *Accepted (Journal of Psychopathology and Behavioral Assessment)* <https://doi.org/10.1007/s10862-024-10175-8>

Ursu, A., Turliuc, M.N. (2024). Effects of the simultaneous use of acceptance and cognitive reappraisal on anger, positive and negative affects after experimentally anger elicitation. *Accepted manuscript (Psihologija)*

Szkody, E., Spence, A., Özdoğan, A., Tushir, B., .....Ursu, A., ....., Cascalheira, C.J. (2024). Social Support and Help-Seeking Worldwide. *Current psychology*. <https://doi.org/10.1007/s12144-024-05764-5>

Ursu, A. (2024). A woman's worth: Self-compassion as a mediator between optimism and beliefs about motherhood, identity and infertility of women with endometriosis. *under review*

Ursu, A., Bârliba R.G. (2024). Wellbeing of healthcare personal during the COVID-19 pandemic: a mediation model of behavioral emotion regulation between burnout and addictive behaviors. *under review*

Rusu, P.P., Candel, O.-S., Bogdan, I., Ilciuc, C., Ursu, A., Podina, I.R. (2024). Parental stress and well-being. A meta-analysis. *under review*

Priego-Ojeda, M., Ursu, A., Filella-Guiu, G. (2023). Coping by acts: Spanish validation of the Behavioral Emotion Regulation Questionnaire (BERQ-SP). *under review*

Talhelm, T., Wei, L., Sun, R., San Martin, A., Samekin, A., Scherman, A. Z., English, A. S., Ursu, A. ...., von Oertzen, T. (2023). Collectivism Isn't What People Think It Is: A Study of 100 Cultures. *under review*

Blănaru, A., Ursu, A. (2023). Does dyadic coping mediate the relationship between trait intelligence and relationship quality? *Journal of Psychological and Educational Research*, 33(1), 52-62, Oradea, Editura Universității din Oradea (ISSN: 2247-1537 ISSN-L: 2247-1537) (corresponding author)

Tiron, M.-L., Ursu A. (2023). Personal growth and psychological wellbeing after a romantic break-up. *Psychreg Journal of Psychology*, 7(3), 54-64. <https://doi.org/k7v2> (corresponding author)

Colomeischi, A.A., Ursu, A. (2023). Exploring the mediating role of emotion regulation on the relationship between teachers' resilience and their perceived stress. *Social Psychology of Education*, 1-20. <https://doi.org/10.1007/s11218-023-09874-z> (corresponding author)

Colomeischi, A.A., Ursu, A. (2023). The mediating role of wellbeing between perceived stress and life satisfaction among k-12 school teachers. *Revista Românească pentru Educație Multidimensională*, 15(3), 44-54. <https://doi.org/10.18662/rrem/15.3/752> (corresponding author)

Duca, D.S., Ursu, A., Bogdan, I., Rusu, P.P. (2023). Emotions and emotion regulation in family relationships. *Revista Românească pentru Educație Multidimensională*, 15(2), 114-131. <https://doi.org/10.18662/rrem/15.2/724> (corresponding author)

Ursu, A., Turliuc, M.N. (2022). Emotion regulation as mediator between anger experience and relationship satisfaction. *Psychreg Journal of Psychology*, 6(4), 1-14.

Colomeischi, A.A., Ursu, A., Bogdan, I., Ionescu-Corbu, A., Bondor, R. & Conte, E. (2022). SEL and internalizing problems among adolescents. The mediating role of resilience. *Children*, 9(9), 1326-1340. <https://doi.org/10.3390/children9091326>

**Ursu A., Măirean C.** (2022). Cognitive Emotion Regulation Strategies as Mediators between Resilience and Stress during COVID-19 Pandemic. *International Journal of Environmental Research and Public Health* 19(19), 12631-12643. <https://doi.org/10.3390/ijerph191912631>

**Ursu, A., Turliuc, M.N., Măirean, C.** (2022). Creating and testing the effectiveness of hypothetical scenarios which elicit anger and hurt in romantic relational contexts. *Psihologija*. Advance online publication. <https://doi.org/10.2298/PSI220709018U>

**Ursu, A., & Harvey, R.** (2022). An exploratory study of Romanians' attitudes toward community-based substance abuse recovery housing. *Journal of Prevention & Intervention in the Community*, 50(2), 205-216. <https://doi.org/10.1080/10852352.2021.1934950>

**Ursu, A., Turliuc, M.N.** (2020). Do emotion recognition and emotion regulation predict dyadic adjustment? The moderating role of relationship length. *Journal of Psychological and Educational Research*, 28(1), 45-63, Oradea, Editura Universității din Oradea (ISSN: 2247–1537 ISSN-L: 2247–1537).

**Ursu, A., Turliuc, M.N., Pavlopoulos, V.** (2020). Typologies of negative emotions within romantic relationships. A derived-etic approach of situational categories in Romania and Spain. *Agathos: An International Review of the Humanities and Social Sciences*, 11(1), 234-279, Iași, Editura Universității Alexandru Ioan Cuza (e-ISSN: 2248–3446, ISSN: 2069-1025).

#### **XI.B. Articles in national journals**

Iftode, M.M., **Ursu, A.** (2024). Exploring the associations between cognitive emotion regulation, resilience and sport performance among darts players. (*corresponding author*) (*under review*)

Ionescu-Corbu, A., **Ursu, A.**, Cramariuc, G. (2023). Exploring the associations between self-efficacy, work engagement and behavioral intention to use gamification. *International Journal of Social and Educational Innovation (IJSEIro)*, 10(20), 288-296. (ISSN: 2392-6252)

Cramariuc, G., **Ursu, A.**, Ionescu-Corbu, A. (2023). What endorses teachers to use gamified approaches in their classrooms: Self-efficacy technology proficiency, and perceived usefulness. *International Journal of Social and Educational Innovation (IJSEIro)*, 10(19), 261-271. (ISSN: 2392-6252)

**Ursu, A., Turliuc, M.N.** (2023). Trait anger and wellbeing: the mediating role of emotion regulation and the moderating role of affects. *Annals of the Alexandru Ioan Cuza University: Psychology Series*, 32, 57-72 (ISSN: 2069-1386)

Ionescu-Corbu, A., **Ursu, A.** (2023). The sustained effectiveness of a mental health literacy intervention: a Romanian adolescent sample at 2- and 12-months follow-up. *Journal of Innovation in Psychology, Education and Didactics*, 27(1), 43-58. <https://doi.org/10.29081/JIPED.2023.27.1.04>

Rusu, P.P., Bogdan, I., Duca, D.S., **Ursu, A.** (2023). Stres și coping în relațiile de familie: efecte asupra dinamicii de cuplu și comportamentelor de parenting, *Journal of Psychology*, 69(2), 143-156, Bucuresti, Editura Academiei Romane (ISSN: 0034-8759).

**Ursu, A., Priego-Ojeda, M., Colomeischi, A.A., Vrabie, T.** (2023). Swimming through stress: Assessing emotional health in Romania during COVID-19, *Education, Development, Practice and Research*, 1, 22-30.

Cramariuc, G., Ionescu-Corbu, A., **Ursu, A.** (2022). Gamification, technology proficiency, and self-efficacy in Romanian preschool and primary school teachers, *Anadiss*, 34(2), 399-404, Suceava, Editura Universității Ștefan cel Mare din Suceava, (ISSN-L (print): 1842-0400; eISSN (electronic): 2559-4656)

Vornicu, G., **Ursu, A.**, (2021). Alcohol Consumption during COVID-19 Lockdown in Romania. Social Demographic Differences, Predictors and Moderators. *Journal of Psychology*, 67(4), 259-277, Bucuresti, Editura Academiei Romane (ISSN: 0034-8759). (*corresponding author*)

**Ursu, A., Turliuc, M.N.** (2020). Reviewing the predictors of dyadic satisfaction. The case of emotion recognition and emotion regulation. *Journal of Psychology*, 66(3), 307-318, Bucuresti, Editura Academiei Romane (ISSN: 0034-8759).

**Ursu, A.,** Turliuc, M.N., Fernández González, L. (2020). Negative emotions in Romanian and Spanish romantic relationships. A cross-cultural approach. *International Journal of Education and Psychology in the Community*, 10(1 & 2), 105-130, Oradea, (ISSN: 2069-4695).

**Ursu, A.,** Turliuc M.N. (2019). When partners get bored in their relationships? A qualitative and cross-cultural approach of romantic relational boredom. *International Journal of Education and Psychology in the Community*, 1 & 2, 132-148, Oradea, (ISSN: 2069-4695).

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**Ursu, A.,** Turliuc M.N. (2018). An overview of research on romantic relationships. The case of negative emotions. *Education 21 Journal*, 16, Cluj-Napoca, (ISSN: 2247-8671) (DOI: 10.24193/ed21.2018.16.02).

#### **XI.C. ISI Conference Proceedings**

**Ursu A.** (2018). Perceived intensity and causes of criticism within romantic relationships. Findings from a Romanian sample. *Proceedings of ICVL 2018*, 246-252, Editura Universitatii din Bucuresti (ISSN: 1844-8933).

#### **XI.D. Chapters in international handbooks**

**Ursu, A.,** Bujor, L. (2023). Emotional regulation interventions. In Gomes et al., (eds). *Serious Games Emotional Competence Handbook* (pp. 31-52). 10.21814/1822.87373

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### **XI. REVIEWING ACTIVITIES**

- Adhoc reviewer - Scientific Anals of UAIC Iași, Psychology Series
- Adhoc reviewer - Polish Psychological Bulletin
- Adhoc reviewer - International Journal of Social and Educational Sciences, USBED
- Adhoc reviewer – Psihologija

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### **XII. SCIENTIF EDITOR**

- Education, Development, Practice and Research, EDPR (<https://sites.google.com/usm.ro/edprjournal/home>)

### **XIII. EDITORIAL BOARD MEMBER**

- International Journal of Social and Educational Sciences, USBED (<https://dergipark.org.tr/en/pub/usbed>)

### **XIV. MEMBERSHIP**

The Romanian Association of Psychologists

The Romanian of Cognitive and Behavioral Therapy (Asociatia de Psihoterapii Cognitive si Comportamentale din Romania)

[International Network on Personal Meaning](#)

ISRE: International Society for Research on Emotion

SCRA: Society for Community Research and Action

SSEA: Society for the Study of Emerging Adulthood

ICEEFT: International Centre for Excellence in Emotionally Focused Therapy

International Society of Global Health

